**CUSTOMARY INSTRUCTIONS FOR SURGICAL PROCEDURE**

* **7 Days Prior to Procedure – Stop aspirin, vitamins, ibuprofen (Motrin, Aleve, Advil, and Mobic), and any herbal supplements. Tylenol products are acceptable. Take prescribed medications as long as they do not contain aspirin such as Plavix, Coumadin, Effient, Brilinta, Xarelto, and Pradaxa. If you do take aspirin containing medication, check with your primary care physician for permission to stop this medication prior to your procedure.**
* **2 Weeks Prior to Procedure – Stop any smoking (cigarettes, cigars, marijuana, vaping, and E-cigarettes) and stop alcohol if possible. Nicotine patch is acceptable. The longer you can refrain from smoking and drinking prior to your procedure, the better this will be for your surgery and recuperation period.**
* **Postoperative Appointment – This is made at the time your procedure is scheduled. This will be given to you at the time you are informed of the date and time of your surgery by our scheduler. Please write this down so as not to forget.**
* **Colonoscopy Procedure – Patients will be sent written instructions for the bowel prep and their follow-up appointment. Our scheduler will call you with the date and time.**
* **Hospital Contact – A nurse from the hospital will call you 1-2 days prior to your scheduled procedure. They will inform you of the approximate time to arrive and where to go in the hospital upon arrival. They will also give you instructions on when to stop eating and drinking and showering instructions. Have a list of prescribed medications with strength and dosage handy for this call.**

**If you have any questions, please contact our office.**

**Michael G. Taylor, M.D., F.A.C.S.**

***April 6, 2018***